





SANOMAG[®]: a greater feeling of well-being through natural magnetism

Electrosmog, water veins, geologic zones of interference – they all overlie the earth's magnetic field and affect the harmony of our body and mind.

This is where the SANOMAG[®] comes in: It reinforces the natural magnetic field surrounding us and has a balancing as well as an energizing effect.

That means: more energy, more vitality and more zest for life for its users.

In this brochure you will discover everything about SANOMAG[®] and many helpful tips for its proper use. If you have questions, call us at +43 5355-5615 any time, or send us an email: sanomag@grander.at.

We are always here for you!

The Grander Family



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Why magnetism is so important

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Magnetism is a natural, fundamental force of our earth

As the earth's magnetic field it is ever-present and acts like a protective shield that guards our planets from cosmic radiation. Without it we would be defenceless against the charged particles, which are flung into space by solar flares, and life would not be possible.

All organisms have developed themselves further with the magnetic field during the course of evolution. They require it to grow and flourish. Some animals such as whales, migratory birds and insects are even dependent on the earth's magnetic field for their orientation.

It has been established that the lack of a magnetic field over a longer period of time leads to disorientation, nervousness and stress: every organism needs the earth's natural magnetic field; it belongs to our habitat just like the air we breathe.

The problem with technology-emitted waves

The natural magnetic field is often blotted out by technically produced radiation through mobile phones, transformers or power lines, but also by water veins and other geologic zones of interference.

In this way we are cut off from the earth's natural magnetic field and we lose out balance. Consequently we suffer from: headaches, agitation, sleep disturbances, nervousness or a general lack of energy and zest for life.

"Magnetism is a general, working force. Its strength spans over everything. Especially on humans, animals and plants."

Johann Wolfgang von Goethe

The effect of SANOMAG®

sanĝmac

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SANOMAG[®] reinforces the natural magnetic field

SANOMAG[®] produces a natural magnetic field similar to the earths. Its permanent magnets compensate the disturbances through technically-created radiation, water veins and other geological factors, and re-establish the access to the earth's original magnetic field. Thus, it increases the well-being of humans, animals and plants.

The 3 Levels of Impact

According to Johann Grander magnetism has 3 levels that are constantly influenced by attraction and repulsion:

1. Physical Magnetism

Magnetism is most obvious on the material level, such as a compass needle that adjusts according to the earth's magnetic field, or in the strength by which similar poles repell each other. The human body is also affected by this: disturbances to the earth's magnetic field can cause sleeping problems, headaches and other complaints.

2. Mental Magnetism

The question arises here: what is my attitude towards life? Am I positive and therefore attract positive people and events? Or do I go through life scared attracting misfortune and failure?

3. Spiritual Magnetism

How do I feel emotionally? Am I drawn towards a harmonic, safe ideal situation? Or do I find myself on the other end of the pole: out of balance due to stress and hectic? If one's inner rhythm is brought out of balance, one's physical well-being is also affected.

SANOMAG[®] helps on all 3 levels: it returns balance to onés body, calms onés thoughts and balances out onés emotions.



What SANOMAG[®] is made of

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The Power of Natural Magnetism

SANOMAG[®] is equipped with natural magnets in a magnetic inner coating and directly connected with well conducting steel cables. The handles are also made of an iron core and natural magnets.

The secret of its effectiveness lies in the proper selection of magnets, their alloy and its positioning. They are the result of countless experiments done by Johann Grander. Due to the permanent magnets the SANOMAG[®] does not require a power supply – so there is not additional technical radiation. Apart from that, there is no self charging; neither grounding not discharging are necessary.

Tip: The magnetic field of SANOMAG[®] is the strongest when you use it permanently and with the handles forming a closed circle.

Findings from Electrosmog Research

The International Association of Electrosmog Research (IGEF) came to the following conclusion:

"Through our measurements directly on the human body it has been concluded that the SANOMAG® is able to considerably reduce health-burdening stress as well as energy loss caused by electromagnetic radiation.

This leads to the conclusion that through regular use of the SANOMAG[®] one can decrease the negative health effects caused by electromagnetic radiation."

What users are saying about SANOMAG®

"Our 7-year-old daughter could never fall asleep very well, which meant a lot of restlessness when it came to bedtime. Since using the SANOMAG® everything has changed. She falls asleep more calmly now. Consequently, we are all calmer, quieter and more relaxed. It also had a positive effect on our son, who now sleeps much better. It is harmony and a kind of spiritual pillow all in one. We are completely satisfied with SANOMAG® and the water revitalisation device, and we could have never invested our money in anything better." Anja R.

"After our hotel was equipped with SANOMAG® the director of wellness asked if something had changed because she was so full of energy. At the same time a hotel guest inquired whether something had changed with the beds as he had slept so well." Family L. "We drive to Spain each year on holiday with our motor home. I had the idea of taking the SANOMAG® along with us on the trip. I slept so well on this trip, and I didn't notice my aches and pains at all. After this experience I will not be without my SANOMAG® anymore." Enka T

"We have been using the SANOMAG® now for 26 years and have been able to solve our sleeping problems caused by a disturbance zone (water veins)." Maria A.

"As soon as an indisposition arises, I take the SANOMAG[®] in my hand and go calmly to bed. My daughter's two cats and her dog also like to be near the SANOMAG[®]." Maria P.

"The SANOMAG[®] is in the basement of our house. The air has become fresher there, and I feel much better." Christine Z. "The SANOMAG[®] is in our living room so that everybody can use it. I use this device once a week. The SANOMAG[®] helps me build up energy and drive off fatigue. It spreads calmness and harmony to its surroundings. Our ill cat lies near it frequently. For me, it offers the perfect regeneration, especially after a long work day." Walburga M.

"The SANOMAG[®] is constantly in use. We feel that it helps us regenerate faster after physical work and in the evenings too." Vera P.

"My personal energy level has increased. If I come home tired and worn out, my regeneration time is much shorter. I refuel my energy and I'm more balanced. The SANOMAG® helps me to live strongly." Sieglinde S.

14 The SANOMAG[®] compass



The compass

In the casing of the SANOMAG® there is a magnetic metal piece, a needle, that is flexible in the middle for its movement. The needle is in line with the earth's magnetic field and shows the corresponding direction as long as there isn't another magnetic field nearby that interferes with it.

How the compass works

Opposite poles attract. Therefore the magnetic south pole of the compass needle (mostly red or green) points to the magnetic north pole of the earth. The needle aligns parallel with the magnetic field of the earth. Incidentally, the magnetic poles of the earth are not identical to the geographic poles.

What does this have to do with SANOMAG®?

The SANOMAG[®] creates a similar magnetic field such as that of the earth's through its natural magnets, but only on a smaller scale. In order to test and prove the function of the SANOMAG[®], you can move the compass along the device, the cables and the handles to observe how the compass needle moves and points. This shows that the magnetic field is effective.

You become the expert!

There is plenty to discover with the compass, in particular with all the modern technology around us. Therefore, try to uncover the magnetic fields in your everyday life. Armed with the compass wander through your home or office and look for magnetic deviations, which are caused through magnetic fields or objects, or through electrical lines, technical apparatus, mobile phones and computers.

Tell us about your experience!

We would love to hear from you at sanomag@grander. at or leave a comment.



SANOMAG[®] for body and soul

Areas of application

Pain often occurs when the energy pathways in our bodies are blocked. In this case the SANOMAG® allows the built up energy to flow again.

Numerous cases show beneficial results in alleviating:

- Allergies
- Migraines
- Rheumatic pain
- Backache
- Sports injuries (muscle and ligaments)

Wellness and prevention

- Strengthened immune system
- More effective meditation
- Makes falling asleep easier
- Increases quality of sleep
- More active self-healing powers

Many people who use the SANOMAG[®] report such improvement. Feel within yourself and observe the positive changes. You, yourself, are the measurement of all things.

How to use the SANOMAG®

... for physical discomfort

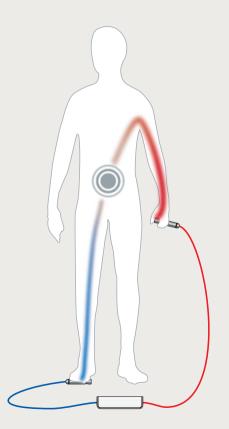
Take hold of the handles in such a way that the magnetic energy can flow through the painful area well.

Listen to the signals of your body:

If the pain feels "cool": position the red handle (= warming pole) close to the painful spot. The blue handle should be placed outside the affected area.

If the pain feels "warm" or "hot": use the blue handle (= cooling pole)

Note: Do not wear any necklaces, bracelets, rings or earrings made of metal. You could block the magnetic field and the energy paths.



... for mental stress

If you feel stressed or nervous: look for a quiet place, take the handles of the SANOMAG[®] in your hands and concentrate on breathing deeply and regularly.

Our recommendation: breathe in slowly through your nose, wait for a second and then breathe out through your mouth. Breathing out should last longer than breathing in.

Do these breathing exercises for about 10 minutes (5 minutes are adequate at the beginning).

You will feel very relaxed or fall asleep afterwards – therefore your body can regenerate itself in a short time.



How to properly use the SANOMAG®



Take the red handle in your left hand and the blue on in your right hand.



Place the red handle under your left foot and the blue handle under your right foot (see photo on page 14).



Take the red handle in your left hand and place your right foot firmly on the blue handle.



Place both handles on the desired body part or area.



For physical pain place the handles on either side of the painful area so that the magnetism can flow freely through that particular affected area.



Please note:

The SANOMAG[®] is not meant to replace any medical or therapeutic treatment. In cases of extreme pain and chronic illness, always contact your doctor. The SANO-MAG[®] is ideal as support for treatment prescribed by the doctor.

One more tip:

You know you are using the SANOMAG[®] correctly when the writing on the device is facing you and readable.

SANOMAG[®] for house and home

SANOMAG® as a protective shield

The SANOMAG[®] can not only be used on your body, but also in your living area. It balances out natural and artificial disturbance fields.

Its revitalizing effect spreads out over a diameter of 20 meters. So this device should be placed at a central location such as in the basement or attic.

Note: Place the SANOMAG[®] with the handles touching one another in a circle if possible. The geographic direction is not important here.

Tip: Don't position the SANOMAG® on a metal plate or steel pipes. The magnetic deflection would reduce the field of the SANOMAG®.

Positive Experiences

- Improved plant growth
- Faster recovery of unhealthy plants
- Reduced moisture in the cellar
- Longer shelf-life of stored food
- Fewer bothersome insects

Giving direction for sleeping

Head facing north, feet to the south: if this ideal sleeping position isn't possible, you can achieve this by using the SANOMAG[®].

To do this position the SANOMAG[®] in a closed circle under or next to your bed.

If you find the effect to be too strong, place the device along the length of your bed at first; the blue handle at your head, the red handle at your feet. After an adjustment period place the handles together to form a closed circle.

"The head is associated with the element of fire, it needs cooling. The feet are associated with the element of earth, they need warmth."

Johann Grander



Cleaning and maintenance

The SANOMAG[®] is made of high-quality, resistant materials. However, you should clean the handles regularly to remove any residue left behind from creams, fats or sweat. Soft cleaning cloths and disinfectants can be used for this.

Please do not use any scouring cleaning agents or cloths, as they will damage the surface of the SANOMAG[®].

Warranty

If the SANOMAG $^{\circ}$ shows no signs of damage, you can return it – no questions asked – within 3 months for the full purchase price.

Return

The SANOMAG[®] is a valuable product, which was made with expensive materials. The life expectancy of this device is 20 years or more.

In case you no longer need the SANOMAG[®], let us know. We will look after the recycling for you.

Questions? Contact us by phone at +43 5355-5615 or send us an email: sanomag@grander.at. We will provide any information you require!

In conclusion ...

Even as a young boy I enjoyed watching my father when he was working in his workshop

filled with tools. It was actually our garage, which, through its close proximity to our My oldest brother, Johann, helped him with many things, and still today, I have the

image in my head as the two of them built the SANOMAG® in the workshop on a small assembly table with the sun shining through the window. I was fascinated by the fountain of sparks that my brother produced while grinding the devices, and naturally

I wanted to be just like him. Now, almost 30 years later, I take great pleasure in spending time on

one of the first products my father invented, to develop it further and

"Magnetism is something very important, even something we can't to do good with it. do without." My father offered these words to many visitors that he

crossed paths with over the years. And he was right: the SANOMAG[®], when used properly, can be a real relief for us. The magnetic field offers a kind of protective shield for relaxation. In addition, we can use the SANOMAG® as an energy cell that provides us with power when we need it most.

Give it a try! Heribert Grander and Team, Jochberg, November 2014





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